

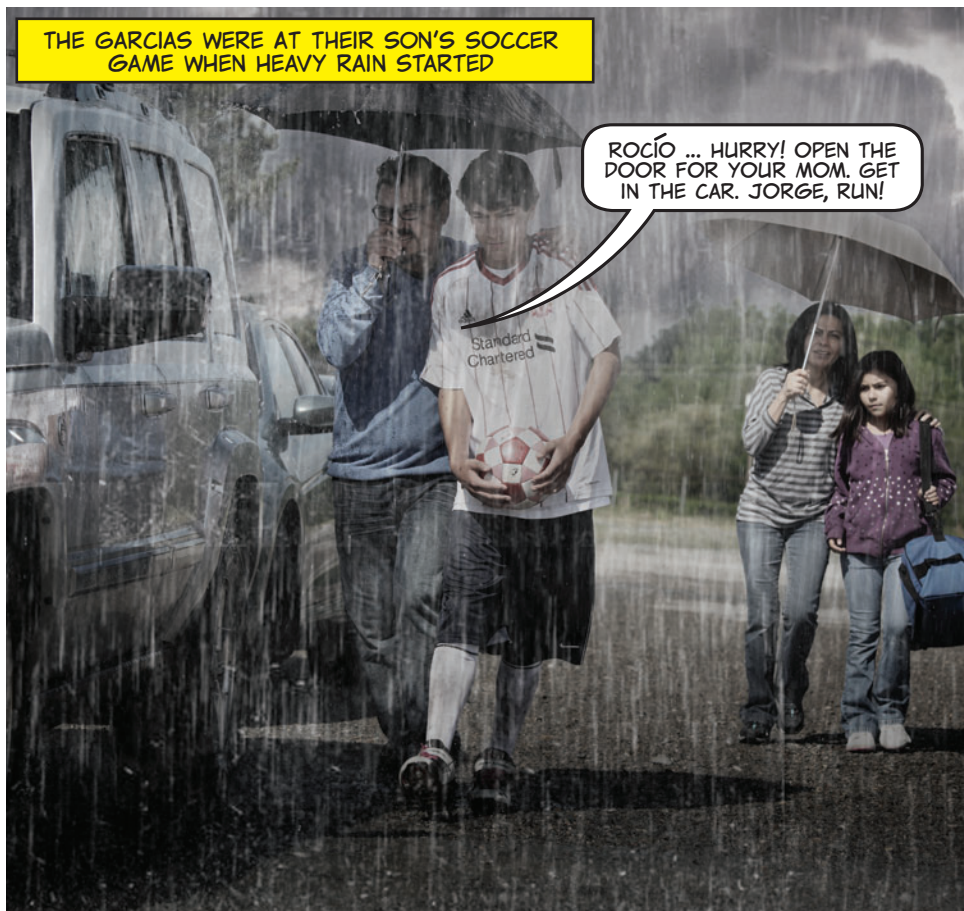
The Garcias are *ready to face...*

The Challenges of Life

FOTONOVELA



THE GARCIAS WERE AT THEIR SON'S SOCCER GAME WHEN HEAVY RAIN STARTED

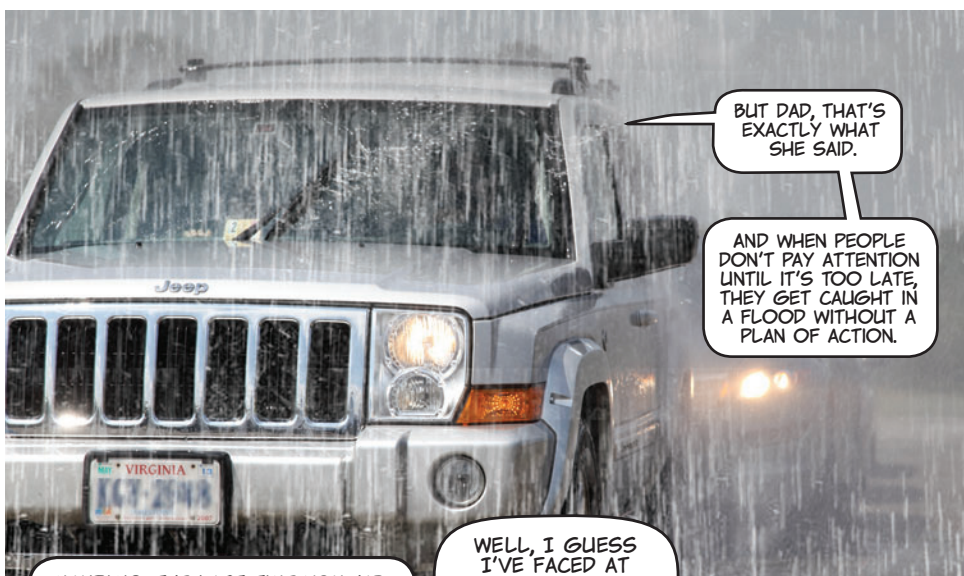


ROCÍO ... HURRY! OPEN THE DOOR FOR YOUR MOM. GET IN THE CAR. JORGE, RUN!

RAIN POUNDS THE ROOF OF THE GARCIAS' CAR



I'VE NEVER SEEN RAIN COME DOWN SO HARD!









FAMILY EMERGENCY PLAN

In case of emergency, you should have general supplies in an emergency kit to support your household for at least three days, including:

- One gallon of water per person, per day
- Food that won't spoil, such as canned goods and packaged foods
- A battery-powered or hand-crank radio with weather band and extra batteries

Emergency Contact

During and after a disaster, it is often easier to make long-distance calls and send text messages than to make local calls. Ask a family member or friend who lives out of town to be your emergency contact.

Name of out-of-town contact: _____

Home phone: _____

Cell phone: _____

Email address: _____

Decide on a meeting place for you and your family in case you are not able to return to your home.

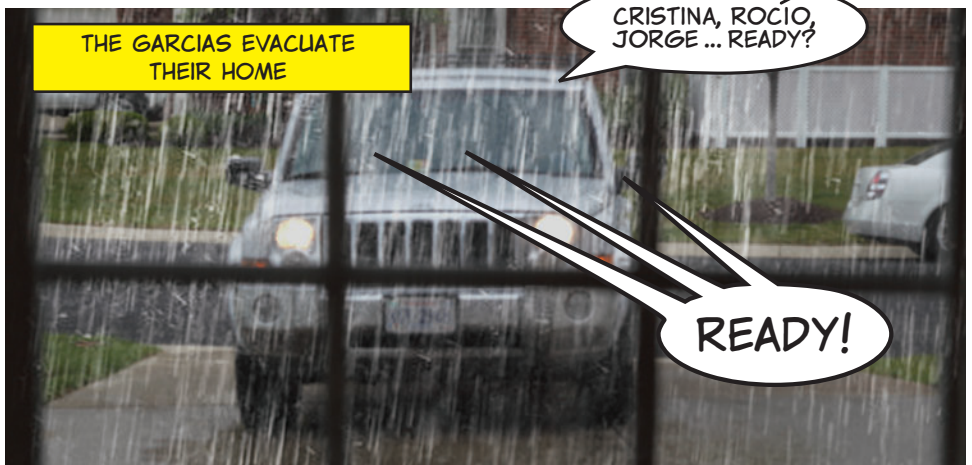
Family meeting place: _____



SUGGESTED EMERGENCY KIT

- At least a three-day supply of food that does not need electricity for storage or for preparation
- Battery-powered/hand-crank radio with weather band and extra batteries
- Water, at least three gallons per person for drinking and sanitation
- Flashlight and extra batteries
- First aid kit
- Dust mask to help filter contaminated air, and plastic sheeting and duct tape to shelter where you are
- Whistle to signal for help





Be ready to face the challenges of life.

Start today to protect your family from hurricanes and flooding. Contact us:

ReadyVirginia.gov or call 866-782-3470

twitter: @VDEM

Facebook: VAEMERGENCY

Ready Virginia is an educational campaign that promotes emergency preparedness through three basic steps: get a kit, make a plan, stay informed.

This document was prepared under a grant from FEMA's Grant Programs Directorate and the Department of Homeland Security.



Virginia Department of
Emergency Management